

Daisy Farm Crafts

Crochet Bernat Felted Easy Twist Headband



MATERIALS

Bernat Felted (62% Acrylic, 21% Wool, 17% Nylon, 260g / 9.2 oz, 228 meters / 249 yards, 5 bulky)

1 skein in Ecrú Fleck (or any color)

Size 8mm hook, scissors, tapestry needle, tape measure

SIZE

Newborn - Adult

STITCHES

Half Double Crochet (HDC): YO, insert your hook, YO and pull up a loop, YO and pull through all three loops on hook.

Wide Half Double Crochet (wHDC): YO, insert your hook in between the posts of the previous row, YO and pull up a loop, YO and pull through all three loops on hook.

HELPFUL TIP

The pattern given is for an average size women's head circumference of 22 inches. They are approximately 4.5 inches wide. You can make these as wide as you like and also make them for children. For children I'd suggest reducing the width to 3.5 inches- 4 inches.

The chart below can help you with average head circumferences, but it is best to get the head circumference measurement of the person you are making it for. You will make the headband 2 to 3 inches less than the actual measurement to allow for stretch and to have it fit snug.

AVERAGE HEAD CIRCUMFERENCE	
Preemie	12-13 inches
Newborn-3 Months	13-14 inches
3-6 Months	14-15 inches
6-12 Months	15.5-16.5 inches
12-24 Months	16-18 inches
Child (3-10 years)	19-21 inches
Teen/Small Adult	21 inches
Medium Adult	22 inches
Large Adult	23 inches

PATTERN

Chain 12. (You may use any number of chains to about 4.5 inches)

ROW 1: Begin in the third chain from the hook with HDC. HDC into each ch to the end of the row. CH 2 and turn. (10)

ROW 2: Begin in the first space in between the first and second HDC of the previous row with wHDC. wHDC in between each post across the row. Your last wHDC will be between the last post and turning chain. CH 2 and turn.

ROW 3 until approximately 20 inches in length: Repeat row 2 instructions.

Tie off with a long tail for sewing.

PATTERN

Fold two ends together as shown in the diagram:



Step 1: Lay the band out and fold in half and slide one side of the band across so one end is matched up to the middle of the other.

Step 2: Fold the right-hand side around the back.

Step 3: Fold the left-hand side around the front, giving you four layers

Step 4: Sew with the tapestry needle through all four layers.

Tie the two ends into a knot and then weave in the ends.

Turn the headband inside out and see the beautiful twist!

See the video below for a full tutorial if you need any help at all.

https://youtu.be/dc_65MLoT7o

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