

# Daisy Farm Crafts

## Crochet Cable Twist Mittens



Pattern by Tiffany Brown

### MATERIALS

Patons Alpaca Blend (100 g/3.5 oz, 142 m/155 yds)

2 skeins any color

Size J/6.00mm hook, tapestry needle, scissors

### SIZE

For women's average hand (Larger hand counts in parenthesis)

### STITCHES

**Half Double Crochet (HDC):** YO, insert your hook, YO and pull up a loop, YO and pull through three loops on hook.

**Double Crochet (DC):** YO, insert your hook, YO and pull up a loop, YO and pull through two loops, YO and pull through remaining two loops.

**Front and Back Post Double Crochet (FPDC & BPDC):** A front post DC means you insert your hook from front to back around the post of the next DC and work your DC. A back post DC means you insert your hook around the post from the back to the front and work a DC.

**Front Post Treble Crochet (FPTC):** Insert your hook from front to back around the post and work a treble crochet: YO twice, insert your hook, YO and pull up a loop, YO and pull through two loops, YO and pull through two loops again, YO and pull through remaining two loops.

## **PATTERN**

### **RIGHT HAND**

With a long tail to sew with later, make a loop and chain 24. (26)

**Row 1:** In the third chain from the hook work HDC. Work 1 HDC in each of the remaining chains. (22 HDC) (24 HDC)

**Row 2:** CH 2 and turn. 1 HDC in between each of the next 11 (13) spaces. (You are working under all three loops that a half double crochet makes or in between each post.) Work 1 DC in each of the next 2 spaces. Work 1 HDC in the next space. Work 1 DC in each of the next 4 spaces. 1 HDC in the next space. 1 DC in each of the next 2 spaces. 1 HDC in last space of the row, (should be the space in between the turning chain and last HDC.)

**Row 3:** CH 2 and turn. 1 HDC in first space. 1 FPDC around each of the next 2 DC posts. 1 HDC in next space, (be careful to work to the left of the next HDC and not the space to the left of the post you just worked.) 1 FPDC around each of the next 4 posts. 1 HDC in next space. 1 FPDC around each of the next 2 DC posts. 1 HDC in each of the remaining 11 (13) spaces.

**Row 4:** CH 2 and turn. 1 HDC in each of the next 11(13) spaces. 1 BPDC around each of the next 2 posts, 1 HDC, 1 BPDC around each of the next 4 posts. 1 HDC. 1 BPDC around each of the next 2 posts. 1 HDC.

**Row 5:** CH 2 and turn. 1 HDC in first space, 1 FPDC around each of the next 2 posts. 1 HDC. Skip next 3 posts and work 1 FPTC around the 4th post. Then work 1 FPTC around 3rd post, 1 FPTC around 2nd post, 1 FPTC around 1st post. Twist the work and 1 HDC in next space. 1 FPDC around each of the next 2 posts. 1 HDC in each of the next 11 spaces.

**Row 6:** Repeat row 4, making sure you keep the cable twisted.

**Rows 7 & 8:** Repeat rows 3 & 4.

**Row 9:** Repeat row 5.

**Repeat rows 6 - 9** two more times for a total of 4 cable twists. Then work one extra row of row 6.

Chain 3 and turn. Work DC into the next stitch (turning chain counts as first stitch) and DC into each stitch across the row.

\*CH 3 and turn. Work alternating FPDC and BPDC around each post across the row. Work 1 DC around the turning ch. Repeat \* for a total of 4 rows of ribbing. Tie off and leave a long tail for sewing.

Fold mitten in half. Gather the top with a tapestry needle, pull tight and then sew from the top down with a whip stitch along the two seams approximately 11 rows down, (measure against your hand.) Leave off and the end undone. Sew from the bottom up about 3 inches, (again, measure against your hand and adjust as needed,) leaving an opening for your thumb.

Pull up a loop in the top of the thumb opening, work 7 HDC down one side, (the 7th one is worked as close to the bottom seam as possible) then 6 HDC up the other side, do not join, you will be working in a spiral. Now start working in between the posts as before. Work each stitch toward the bottom, skip the space at the very bottom (that 7th stitch), and continue working each space back up and around. Skip a stitch in every round at the base of the thumb. This will angle the thumb and decrease the width. Work about 7 or 8 spiral rounds. (Keep trying it on and see how many you need.) Gather the end and tie off. Weave in all the ends, closing up any holes around the base of the thumb if needed.

## LEFT HAND

With a long tail to sew with later, make a loop and chain 24. (26)

**Row 1:** In the third chain from the hook work HDC. Work 1 HDC in each of the remaining chains. (22 HDC) (24 HDC)

**Row 2:** CH 2 and turn. 1 HDC in first space. Work 1 DC in each of the next 2 spaces. Work 1 HDC in the next space. Work 1 DC in each of the next 4 spaces. 1 HDC in the next space. 1 DC in each of the next 2 spaces. Work 1 HDC in each of the remaining 11 (13) spaces.

**Row 3:** CH 2 and turn. 1 HDC in each of the next 11 (13) spaces. 1 FPDC around each of the next 2 DC posts. 1 HDC in next space, (be careful to work to the left of the next HDC and not the space to the left of the post you just worked.) 1 FPDC around each of the next 4 posts. 1 HDC in next space. 1 FPDC around each of the next 2 DC posts. 1 HDC in last space.

**Row 4:** CH 2 and turn. 1 HDC in first space. 1 BPDC around each of the next 2 posts, 1 HDC, 1 BPDC around each of the next 4 posts. 1 HDC. 1 BPDC around each of the next 2 posts. 1 HDC in each of the remaining 11 (13) spaces.

**Row 5:** CH 2 and turn. 1 HDC in each of the next 11 (13) spaces, 1 FPDC around each of the next 2 posts. 1 HDC in the next. Skip next 3 posts and work 1 FPTC around the 4th post. Then work 1 FPTC around 3rd post, 1 FPTC around 2nd post, 1 FPTC around 1st post. Twist the work and 1 HDC in next space. 1 FPDC around each of the next 2 posts. 1 HDC in last space.

**Row 6:** Repeat row 4, making sure you keep the cable twisted.

**Rows 7 & 8:** Repeat rows 3 & 4.

**Row 9:** Repeat row 5.

**Repeat rows 6 - 9** two more times for a total of 4 cable twists. Then work one extra row of row 6.

Chain 3 and turn. Work DC into the next stitch (turning chain counts as first stitch) and DC into each stitch across the row.

\*CH 3 and turn. Work alternating FPDC and BPDC around each post across the row. Work 1 DC around the turning ch. Repeat \* for a total of 4 rows of ribbing. Tie off and leave a long tail for sewing.

Fold mitten in half. Gather the top with a tapestry needle, pull tight and then sew from the top down with a whip stitch along the two seams approximately 11 rows down, (measure against your hand.) Leave off and the end undone. Sew from the bottom up about 3 inches, (again, measure against your hand and adjust as needed,) leaving an opening for your thumb.

Pull up a loop in the top of the thumb opening, work 7 HDC down one side, then 6 HDC up the other side, do not join, you will be working in a spiral. Now start working in between the posts as before. Work each stitch toward the bottom, skip the space at the very bottom, and continue working each space back up and around. Skip a stitch in every round at the base of the thumb. This will angle the thumb and decrease the width. Work about 7 or 8 spiral rounds. (Keep trying it on and see how many you need.) Gather the end and tie off.

Weave in all the ends, closing up any holes around the base of the thumb if needed.

xo, Tiffany